

African American Psychology: From Africa to America

By Faye Z. (Zollicoffer) Belgrave, Kevin W. (Wendell) Allison

This core textbook provides students with comprehensive coverage of African American psychology as a field. Each chapter integrates African and American influences on the psychology of African Americans, thereby illustrating how contemporary values, beliefs, and behaviors are derived from African culture translated by the cultural socialization experiences of African Americans in this country.

Key Features

- Emphasizes the importance of culture in understanding behavior by providing accessible descriptions of concepts and research specifically relevant to African American culture
- Offers a broad, integrative perspective by including theory and research from both the traditional American psychology literature and the newer Afrocentric literature
- Enhances student learning by incorporating a consistent pedagogical design throughout

New to This Edition

- Contains updated literature and research, chapter-opening news stories, and descriptive and demographic information
- Presents a new Critical Analyses section in each chapter that portrays the authors' critical perspective, including directions for future research and practice
- Includes new chapters titled Race and Racism and Careers, Vocations, and Employment
- Expands the chapter on aggression, violence, and crime to contrast that material with prosocial behavior such as volunteerism and philanthropy
- Provides a new section in each chapter on empirically supportive or promising practices directed at enhancing or improving the outcomes and behavior of African Americans

Intended Audience

This text is appropriate for all undergraduate students enrolled in Multicultural Psychology, Black or African American Psychology, Minority Psychology, Cross-Cultural Psychology, and similar classes.

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Review

"This book is very relevant for this course. I appreciate the authors' commitment to content revision every 3-5 years." (Bruce J. Munson 2009-08-12)

About the Author

Faye Z. Belgrave (Ph.D., University of Maryland) is Professor of Psychology at Virginia Commonwealth University and founder and director of the Center for Cultural Experiences in Prevention. Her programmatic and research interests are in the areas of HIV and substance abuse prevention. Her research focuses on the role of culture and context in preventive interventions and on issues of gender and women. Dr. Belgrave has published extensively and is an invited speaker on these topics. In collaboration with community partners, she has implemented several prevention programs targeting African American adolescents, women, and young adults. These programs have been beneficial in increasing cultural attributes and in preventing and/or decreasing drug use and associated negative behaviors. Dr. Belgrave serves as an expert advisor on several national committees and agencies including the American Psychological Association, the National Institute of Drug Abuse, the Substance Abuse and Mental Health Services Agency, and the Center for Substance Abuse Prevention. She is the recipient of many national awards for her work with African American populations including the Association of Black Psychologists Distinguished Psychologists Award and the American Psychological Association Minority Fellowship Program Dalmas Taylor Award for a distinguished career in psychology.

Kevin W. Allison is Senior Assistant to the President of Virginia Commonwealth University and a Professor in the Department of Psychology and the Wilder School of Government and Public Affairs. He completed his undergraduate degree in psychology at the University of Notre Dame and his graduate work in clinical-community psychology at DePaul University in Chicago. Prior to joining the VCU faculty, Dr. Allison

worked at Pennsylvania State University and served as the Clinical Director of City Lights in Washington, DC. Dr. Allison's work has focused on understanding and addressing processes that support positive developmental outcomes for African American children and youth. This has included the examination of life skills and culturally informed interventions for youth and work with community-based human services providers.

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