

Your Year for Change: 52 Reflections for Regret-Free Living

By Bronnie Ware

Having spent several years listening to, and then writing about, the regrets of dying people, **Bronnie Ware** understands the importance of acknowledging death and finding the courage to live a happy and authentic life in the meantime.

In this tender yet influential collection, Bronnie Ware shares 52 inspiring stories, woven among observations from her daily life, strengthening you with the values needed for regret-free living. You can read one story a week or read them all right through. Either way, Bronnie's ability to open your eyes to new perspectives will also open your heart to new strengths and dreams. *Your Year for Change* is a gentle and powerful book that will leave you determined to embrace your life, forgive your past, honor your heart, and create a regret-free future of happiness and wonder.

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About the Author

Bronnie Ware is an author, songwriting teacher, and speaker from Australia. Her inspiring memoir, *The Top Five Regrets of the Dying*, has connected with hearts all over the world, with translations in 27 languages. Bronnie lives in rural Australia and loves balance, simple living, health-loving food, and waking up to the songs of birds.

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